SPIRITUAL DIRECTION INTAKE FORM

Name:		
Address:		
Email Address:		
Birthday:		
Marital state:		
If married what is your h	usband's name?	
What are your children's	names and ages?	
EMERGENCY CONTACT II	NFORMATION: (in the event of sudder	n illness or accident
Name	Relationship	Number
relationship with God in burst of divine energy or	seek Christian Spiritual Direction is the Christ. They've encountered a wall, a leasire (the work of the Holy Spirit) the Most of my directees long for more in	block, or on a more positive note, a at they don't know what to do with
What can I do to strength How do I do it?	nen my walk with Christ?	
How can I have: More lo		
, 5,	ring/ correcting/ obeying/ growing.	
I'm struggling to believe	God is good—especially to me.	
What draws you to Chrisones apply.	stian Spiritual Direction? Below are so	ome possible reasons. Check which
I want help with m	my relationship with God y prayer life. two in my faith and need help finding	my way out.
	resence of God anymore.	,,

I've got a secret sin I want to s	see gone from my life.	
I'm encountering something in	n my family/friendship circle, a	nd I'm not sure how to walk
through it faithfully. It's crea	ting a barrier with God and sin	that I am buried beneath.
l've had a conflict in my churc	h and don't have anyone to sha	are it with safely.
I'm a new Christian, and I war	t someone to help me learn ho	ow to grow.
l've been around awhile, but i	ny faith has grown stale.	
I want to learn some spiritual	practices, and I'd like to explor	e: (circle which ones)
Prayer Meditation Lectio	Divina (divine reading) Co	ntemplative prayer
Discernment Silence Solitu	ide Using my spiritual gifts	Discovering my gifts Service
These are some ideas. Is there some What do you most long for? What d	,	0, 0
I can offer group Spiritual Direction. Yes No I don't know	Is that something that you'd b	e interested in?
I plan to do some short, four- to six- biblical meditation and Lectio Divina Yes No I don't know	·	
As in all Restore Ministries my fees a based on the total family income for If you make between:	_	or spiritual direction sessions are
0- \$65,000	\$50 per visit	
\$66,000 - \$85,000	\$65	
\$86,000 – or above	\$80	
GROUP SPIRITUAL DIRECTION		of up to four people. This can
be very beneficial model or a smal	l group that meets monthly o	r twice monthly.
**please talk with me if the fees ab adjust if requested.	ove are a strain for you or yo	ur family. We can possibly
In light of this scale, what do you a	gree to pay?	_

Upon our first session we will input your preferred credit card into our secure computer payment system. This card will be charged after each session we have together.

SPIRITUAL DIRECTION AGREEMENT

This is a Spiritual Direction Agreement betwee	n an	and	
Linda Barrett for Spiritual Direction. Date:			

Spiritual Direction is a covenant relationship in which one person assists another or others in the discernment of God's presence and the living out of God's call. For more about Spiritual Direction in general, see the Spiritual Directors International (SDI) web site at http://sdiworld.org/. Or you can go to https://lindabarrettme.wordpress.com/ to learn about my philosophy of Spiritual Direction.

Our Relationship

You are meeting with me as your Spiritual Director because you want to examine your life with Christ. Although it is appropriate at times to discuss psychological and relational difficulties in the context of Spiritual Direction, I am not a psychotherapist, nor do I provide such services. Similarly, Spiritual Direction is not financial or even relationship advice, and any actions you take in that regard are done without my recommendation, and are purely your responsibility. I want to guide your heart Christianly. You must listen to and pay attention to the Spirit within you as you seek the wise counsel of other faithful followers of Christ. (When there is no guidance a nation falls, but there is success in the abundance of counselors. Proverbs 11:14)

Confidentiality

I will hold the details of our conversations respectfully and in confidence. Several times a year I meet with a supervisor to work on my own growth as a Spiritual director, and during these sessions I share some details about my direction conversations. I do not reveal to my supervisor the names of those I direct, and I fictionalize identifying details, with the following exceptions:

Because I am bound by Alabama law, and because I choose to be bound by the ethical principles described in SDI's "Guidelines for Ethical Conduct," I will reveal some details about the content of our conversations if (1) I am required to do so by law or court order; (2) I suspect child abuse, elder abuse, or the abuse of a dependent adult; or (3) I suspect a gross breach of ethics on the part of a fellow Spiritual Director or other helping professional. In all of these cases, however, I will work to protect your identity and the private details of our conversations to the fullest extent that is possible for me.

Fees
We agree to a payment of \$ per one-hour session for individual Spiritual Direction. My
first session is 1 ½ hours long but I will only charge the above amount.
Cancellation Policy
We both commit to begin and end our sessions at the agreed-to times (usually one hour). If you will be more than five minutes late, please call me. To cancel or change your appointment, contact me at least 24 hours in advance. If you do not give me 24-hour notice, I will need to ask you to pay for the appointment time.
Below is a link to SDI's (Spiritual Directors International) "Guidelines for Ethical Conduct." Go to this link to get more information if you have questions. https://www.sdicompanions.org/docs/guidelines/Flip/guidelines ethical conduct.html Let me know if you have any questions about those guidelines, this agreement, or the nature of our Spiritual Direction relationship.
• Print and sign this form and bring it with you to our first meeting together. If you want a copy, I'll be happy to provide it. I will have this blank form available if you prefer to sign it in the office.
Signature:(Directee)
Signature:(Linda Barrett)
Date: